



Email: connect@myoptimind.ca

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PHYSICIAN REFERRAL FORM

PATIENT INFORMATION	
Name of Patient:	Address:
DOB:	Phone:
Client # (VAC, RCMP, WORKSAFE BC, PHN)	Email:
REFERRING DOCTOR	PRESENTING PROBLEM
Referrer name:	(Please attach separate letter or psychiatric assessments, if available)
Email:	
Fax:	
MEDICAL HISTORY	
Diagnosis(es)	
☐ Major depressive disorder ☐ Anxiety Disorder Bipolar ☐ Obsessive compulsive disorder ☐ post-traumatic stress disorder ☐ disorder ☐ Substance use disorder ☐ Others (please specify below)	
Brief Description of Illness (if diagnosis not included above)	
Current Medication List:	Past Psychiatric Medication trials:
Drug Allergies:	Additional Information: